

### **What you need to know about Scopoderm TTS**

Please read this carefully before you start to use your patches. This leaflet does not contain the complete information about your patches. If you have any questions or are not sure about anything ask your doctor or pharmacist.

Scopoderm TTS patches contain a substance called hyoscine. This belongs to the group of medicines called anti-emetics (anti-sickness medicines) which are used to prevent the symptoms of motion sickness.

### **Things to remember about Scopoderm TTS**

1. Make sure it is safe for you to use these patches (*see the back of this leaflet*).
2. Instructions for using these patches are on the back of this leaflet. Please follow them carefully. You will need to put on a patch 5 or 6 hours before leaving on a journey.
3. Always wash your hands after putting on or taking off a patch. When you take a patch off, wash the skin where it has been. These precautions are important because if you touch your eyes with hyoscine on your fingers you may get a temporary slight blurring of vision.
4. These patches may cause unwanted effects in some people. You can find information about them on the back of this leaflet.
5. You must not drive a car, pilot an aeroplane, work machinery or scuba dive whilst wearing these patches.
6. Keep your patches in a cool place, out of reach of children. Do not refrigerate. When you take off a patch, throw it away carefully and out of reach of children as it will still contain some active medication. Scopoderm TTS is not suitable for children less than 10 years old.

This leaflet has been prepared for patients as part of our '*Partners in Healthcare*' theme by:

Ciba Laboratories

Horsham, West Sussex, England. PL 0001/0099

MADE IN THE U.S.A.

Scopoderm TTS is a round, pink-coloured patch containing 1.5mg of hyoscine. It is used to prevent the symptoms of motion sickness.

### **Before using your patches**

- Have you ever had glaucoma (increased pressure in the eye) or suffered from pain in the eyes, blurred vision or haloes around lights?
- Have you ever had an unusual or allergic reaction to hyoscine or other anti-sickness medicines?

If the answer to either of these questions is YES, DO NOT USE the patches without talking to your doctor again.

- Do you suffer from any serious gastrointestinal, kidney, liver or bladder disease?
- Do you suffer from epilepsy?

- Are you taking any other medicines which your doctor does not know about?
- Are you pregnant or breast-feeding?

If the answer to any of these questions is YES, tell your doctor or pharmacist.

### Using the patches

- Always use your patches as instructed by your doctor.
- Figure 1
- You will need to put on a patch 5 to 6 hours before leaving on a journey.
- Figure 2
- First remove the patch from the sachet. Peel off the clear, hexagonal plastic backing, holding the patch by its edge so as not to touch the sticky side (Figure 1)
  - Press silver-coloured sticky side of the patch firmly on to a dry, hairless area of skin behind the ear and hold it there while you count slowly up to 10 (Figure 2).
  - Now wash your hands thoroughly.
  - Do not touch the patch once it is in place as you may get hyoscine on your fingers.
  - When your journey is over, take the patch off and throw it away carefully. Each patch will last for up to 3 days. If you are travelling for more than 3 days, take the patch off after 3 days and put a new one behind the other ear.
  - When you take a patch off, wash your hands and also the area of skin where the patch has been
- Provided that you have applied the patch properly, you can swim, bathe or shower with little risk of it coming off. However, it is best not to stay in the water too long.
  - If the patch accidentally comes off, throw it away and put a new patch behind the other ear.

### While using the patches

These patches sometimes cause unwanted effects in some people. You may get a dry mouth but this is usually mild and wears off. Other effects which may occur are:

- Sleepiness, dizziness, confusion and hallucinations.
- Blurred vision.
- Redness or itching of the skin where a patch has been.

If any of these effects are severe, or if any other unexpected effects occur, take the patch off. Wash the area of skin where the patch has been and tell your doctor.

Rarely unwanted effects can last for 24 hours or longer after taking off the patch. Do not drive or work machinery until these effects wear off.

### Precautions

- Do not drink alcohol or take other anti-sickness medicines whilst using
- **Remember: This medicine is for you. Only a doctor can prescribe it for you. Never give it to others. It may harm them even if they have the same symptoms as you.**

This leaflet is produced in accordance with guidance issued by the Association of the British Pharmaceutical Industry. The information in it applies only to Scopoderm TTS.