

PACKAGE LEAFLET: INFORMATION FOR THE USER
ZITHROMAX™250mg capsules
azithromycin

Read all of this leaflet carefully before you start taking this medicine

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1. What Zithromax is and what it is used for

Zithromax is one of a group of antibiotics called macrolides. It is used to treat infections caused by certain bacteria and other micro-organisms, which include:

- chest, throat or nasal infections (such as bronchitis, pneumonia, tonsillitis, sore throat (pharyngitis) and sinusitis)
- ear infections
- skin and soft tissue infections (such as an abscess or boil)
- sexually transmitted diseases caused by an organism called chlamydia

2. Before you take Zithromax

Do not take Zithromax if:

- you are allergic to Zithromax or any other macrolide antibiotic such as erythromycin or clarithromycin or any of the ingredients listed in section 6. An allergic reaction may cause skin rash or wheezing.
- you have liver problems
- you are taking any ergot derivatives such as ergotamine (used to treat migraine)

Take special care with Zithromax

Your doctor needs to know before you take Zithromax if you have or have had any of the following conditions:

- kidney problems
- heart conditions

Taking other medicines

Tell your doctor before taking Zithromax, if you are taking any of the medicines listed below:

- ergot or ergotamine – see ‘Do not take’ section
- warfarin or any similar medicine to prevent blood clots
- ciclosporin (used to suppress the immune system to prevent and treat rejection of a transplanted organ or bone marrow)
- digoxin (used to treat heart failure)
- theophylline (used to treat asthma)
- terfenadine (for hay fever or a skin allergy)

If you are taking antacids (for indigestion), Zithromax should be taken one hour before or two hours after antacids.

You should always tell your doctor if you are taking or have recently taken any other medicines including those obtained without a prescription.

Taking Zithromax with food and drink

You should take Zithromax either 1 hour before a meal or 2 hours after a meal.

Pregnancy and breast-feeding

If you are pregnant, trying to get pregnant or are breast-feeding you should not take Zithromax without discussing it with your doctor first.

Driving and using machines

Zithromax is not expected to affect your ability to drive or use machines.

Important information about some of the ingredients of Zithromax

Zithromax contains lactose a type of sugar. If you have an intolerance to some sugars contact your doctor before taking Zithromax.

Zithromax contains sulphur dioxide which may rarely cause severe allergic (hypersensitivity) reactions and wheezing (bronchospasm).

3. How to take Zithromax

Always take Zithromax exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. The capsules should be swallowed whole.

The usual dose in adults and children over 7 stones (45 kg) is 500mg (2 capsules) taken together, once a day, for 3 days. For some diseases such as Chlamydia the dose is 1g (4 capsules) taken all together on one day only.

Zithromax capsules should not be taken by children weighing less than 45kg. Doctors sometimes prescribe different doses to these. The label on the pack will tell you which dose you should take. If you are still not sure, ask your doctor or pharmacist.

Always continue with the course even if you feel better. If your infection gets worse or you do not start to feel better within a few days or a new infection develops, go back and see your doctor.

If you take more Zithromax than you should

If you take too much Zithromax you may feel unwell. Tell your doctor or contact your nearest hospital casualty department immediately.

If you forget to take Zithromax

If you forget to take Zithromax take it as soon as you can. Take your next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you stop taking Zithromax

If you stop taking Zithromax too soon, the infection may return. Take the capsules for the full time of treatment, even when you begin to feel better.

If you have any further questions about the use of this product, ask your doctor or pharmacist for advice.

4. Possible side effects

Like all medicines Zithromax can cause side effects although not everybody gets them.

Tell your doctor immediately if you experience any of the following symptoms after taking this medicine. Although they are very rare, the symptoms can be severe.

- Sudden wheeziness, difficulty in breathing, swelling of eyelids, face or lips, rash or itching (especially affecting the whole body).

The most common side effects that occur when taking Zithromax are listed below. These may go away during treatment as your body adjusts to the medicine. Tell your doctor if any of these side effects continue to bother you.

Common side effects (likely to occur in less than 1 in 10 people)

- stomach upset, stomach cramps, feeling or being sick or diarrhoea

Uncommon side effects that occur in less than 1 in 100 people taking Zithromax are:

- loss of appetite or taste disturbance
- loose stools, wind or indigestion
- soreness or itching of the vagina
- skin rash and /or itching
- joint pains
- dizziness, vertigo, headache, sleepiness, fits or fainting

Rare side effects that occur in less than 1 in 1,000 people taking Zithromax are:

- numbness or pins and needles
- skin more sensitive to sunlight than normal
- severe skin rash causing redness and flaking
- rapid or irregular heartbeat
- low blood pressure
- constipation
- inflammation of the bowel
- tiredness or weakness
- tongue discolouration
- yeast infections of the mouth and vagina (thrush)
- inflammation of the pancreas (pancreatitis)
- inflammation of the kidney or kidney failure
- inflammation of the liver (hepatitis), changes in liver enzymes, yellowing of the skin or eyes (jaundice) or liver failure (rarely life-threatening)
- feeling nervous, angry, irritable or anxious
- sleeplessness (insomnia), feeling hyperactive
- poor hearing, temporary deafness or ringing in the ears
- reductions in white blood cells
- bruising or prolonged bleeding after injury

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Zithromax

Keep all medicines out of the sight and reach of children

This medicine does not require any special storage conditions.

Do not take this medicine after the expiry date stamped on the pack after EXP. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Zithromax contains

The active substance is azithromycin (250mg).

The other ingredients are lactose, magnesium stearate, maize starch, sodium lauryl sulphate, gelatin, iron oxide (black) E172, shellac, sulphur dioxide and titanium dioxide.

What Zithromax looks like and contents of the pack

Zithromax capsules are white marked Pfizer and ZTM 250. They come in blister packs of 4 or 6.

Marketing Authorisation Holder

Pfizer Limited
Ramsgate Rd
Sandwich
Kent
CT13 9NJ
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Manufacturer

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